DOUGLASS HANLY MOIR PATHOLOGY

Faecal occult blood

1. A high fibre diet is recommended for 3 days before specimen collection starts.
2. Menstrual bleeding can cause false-positive results and specimen collection should be delayed until bleeding has completely stopped.
3. No change to diet (other than increasing fibre), or medication is required prior to this test (DoHA-February 2013).
4. Each collection tube contains a liquid buffer solution. If there is contact with skin, wash the affected area with soap and water. Seek medical assistance if symptoms occur.
5. Samples can be affected by high temperatures. Ensure collection tube(s) are not exposed to heat.

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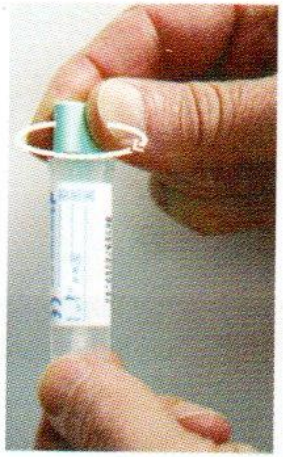
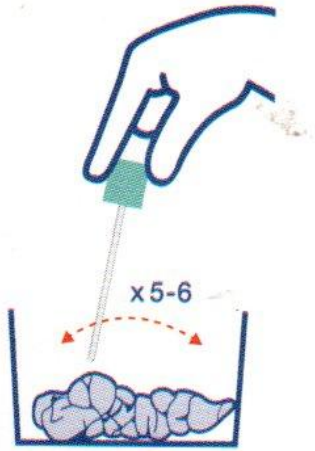
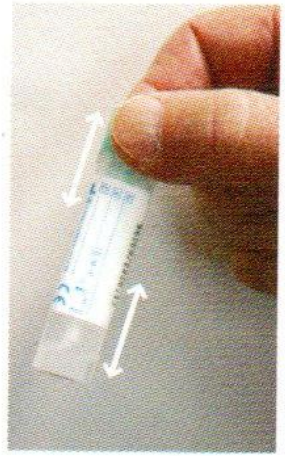
Note: If more than one sample is to be collected, these should be taken from separate bowel motions and delivered to the collection centre or doctor's surgery together. Please DO NOT deliver one by one.

1. Label the collection tube(s) with your surname, first name, date of birth, sex, time and date of collection.
2. Place the flushable toilet liner into your toilet bowl and pass faeces onto the liner.
3. Unscrew the green sampler end of the collection tube.
4. Scrape the tip of the collection stick backwards and forwards on the surface of the faeces several times.
5. Return the stick back into the collection tube and click the lid closed.







6. Shake the tube vigorously to mix the specimen and the transport liquid.
7. Collected specimens can be stored at room temperature (15-30°C) but must be returned to a collection centre or doctor's surgery within 7 days of specimen collection.

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Version 11 | Jan 2024

Order Code: D00516_folded